

AYSO PLAYER DEVELOPMENT INITIATIVE SUMMARY – Fall 2018

Division	Ball	Match Duration	Players	Keeper?	Offside?	Throw In?	Punts?	Kicks
6U	3	20 min	4 v 4	No	No	No	No	Kick off: Opponents must be outside center circle Goal kicks/Corner kicks/ IFK: Opponents must be at least 10 <u>feet</u> from the ball.
7U/8U	3	40 min	4 v 4	No	No	Opt	No	Kick off: Opponents must be outside center circle Goal kicks/Corner kicks/ IFK: Opponents must be at least 10 <u>feet</u> from the ball.
9U/10U	4	50 min	7 v 7	Yes	Yes	Yes	No	Kick off: Opponents must be outside center circle Goal kicks: Opponents must be outside the penalty area Corner kicks/Free kicks: Opponents must be at least 8 <u>yards</u> from the ball.
11U/12U	4	60 min	9 v 9	Yes	Yes	Yes	Yes	Kick off: Opponents must be outside center circle Goal kicks: Opponents must be outside the penalty area Corner kicks/Free kicks: Opponents must be at least 10 <u>yards</u> from the ball.
13U/14U	5	70 min	11 v 11	Yes	Yes	Yes	Yes	Same as above
15U/16U	5	80 min	11 v 11	Yes	Yes	Yes	Yes	Same as above
17U-19U	5	90 min	11 v 11	Yes	Yes	Yes	Yes	Same as above

No offside in 6U-8U: No offside infraction but players should not be allowed to linger in front of the goal.

No throw-ins in 6U: Throw-in is replaced with kick-in at 6U. Opponents should be at least 6 feet from the ball.

Throw-ins optional in 7U/8U: Regions have the option to decide what's best for their Region. If limited to kick-ins, follow the rules for 6U.

Fouls in 6U-8U: Indirect free kicks (IFK) for all fouls. Opponents must be at least 10 feet from the ball except when the IFK is for the attacking team inside the defending team's goal area. In that event, the IFK is taken from the point on the goal area line (6 yard line) and the opponents must be on the goal line and may be between the goal posts.

Heading: Heading is banned for all divisions 11U and below (12U & below for programs without single age 12U division). An IFK is awarded to the opposing team if a player deliberately touches the ball with his/her head. IFK is taken from the place where the player touched the ball with his/her head; however, if awarded to attacking team in defending team's goal area, the IFK is taken from goal area line.

Goalkeeper Punts: For 9U/10U, the goalkeeper may not punt, drop kick or half-volley the ball. Instead, the goalkeeper must pass, throw or roll the ball. If the goalkeeper deliberately punts the ball, an IFK is awarded to the opposing team at the spot of the offense; however, if awarded to attacking team in defending team's goal area, IFK is taken from goal area line.

Build-Out Line (BOL) Procedures (9U and 10U only):

- The opposing team must move back behind the BOL for a goal kick or when the keeper has the ball in her hands.
- The player taking a goal kick or the keeper holding the ball in her hands does not have to wait for the opposing players to move behind the BOL.
- The opposing team can't cross the BOL until the ball is put into play:
 - Goal kick – in play when the ball leaves the penalty area into the field of play
 - Goalkeeper possession – in play when the ball is released from the goalkeeper's hands
- The play from the goalkeeper or from the goal kick may be kicked or thrown beyond the BOL.
- Offside line - The BOL on the defending team's side of the field shall be used as the line to determine offside. Players cannot be penalized for an offside offense between the halfway line and the BOL.

Field Sizes by Age Division

	Schoolyard 6U, 7U, 8U	9U, 10U	11U, 12U	13U, 14U	15U,16U, 17U,18U
Length (Yards)	25 to 35	60 to 65	70 to 80	100 to 130	100 to 130
Width (Yards)	15 to 25	35 to 45	45 to 55	50 to 100	50 to 100
Center Circle Radius (Yards)	5	8	8	10	
Goal Area Length/Width (Yards)	None	4 by 8	5 by 16	6 by 20	
Penalty Area Length/Width (Yards)	None	12 by 24	14 by 36	18 by 44	
Goal Line to Penalty Spot(Yards)	None	10	10	12	
Goal Size Height/Width (Feet)	4 by 6	6.5 by 18	6.5 by 18	8 by 24	

Build Out Line (9U/10U Only): The build-out line should be equidistant between the top of the penalty area and the halfway line.